



Rooted in Scripture - Pointing to Jesus

CHRISTIAN LIVING

Put On the Whole Armor of God

Standing Firm in Christ With Truth, Faith, Prayer, and Peace

The Short Answer

The armor of God is not a magical ritual. In Ephesians 6, Paul calls believers to stand in Christ's strength by receiving God's truth, righteousness, Gospel peace, faith, salvation, Scripture, and prayer.

Ephesians 6:10-20 • Isaiah 59:15-17 • 2 Corinthians 10:3-5 • James 4:7-8 • 1 Peter 5:8-9

Opening Memory Anchor

Stand firm in the strength God supplies, not in fear, formulas, or confidence in yourself.



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1. The Battle Belongs to God

Paul tells believers to be strong in the Lord, not in themselves. The Christian life includes real spiritual opposition, but Jesus is already victorious.

The goal is not obsession with darkness; it is steady faithfulness to Christ.

Read the related passages in context, and ask what they reveal about God, people, Jesus, and faithful response.



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2. Belt of Truth

Truth holds the armor together. Believers reject lies about God, themselves, sin, and hope by receiving what Scripture says.

Truthfulness also shapes daily speech, integrity, and relationships.

Read the related passages in context, and ask what they reveal about God, people, Jesus, and faithful response.



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3. Breastplate of Righteousness

Believers are made right with God through Christ, not their own performance. They are also called to live in practical righteousness.

Neither accusation nor ongoing sin should be ignored: receive Christ's grace and continue in repentance.

Read the related passages in context, and ask what they reveal about God, people, Jesus, and faithful response.



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4. Gospel Shoes and the Shield of Faith

The Gospel gives peace with God and prepares believers to carry that peace into daily life. Faith trusts God's character and promises when fear and accusation rise.

Faith is not denial of danger; it is reliance on God in the middle of it.

Read the related passages in context, and ask what they reveal about God, people, Jesus, and faithful response.



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5. Salvation and the Word

The helmet of salvation reminds believers where they are and where their hope rests. The sword of the Spirit is God's Word, used carefully in context, not as a slogan or weapon against people.

Read the related passages in context, and ask what they reveal about God, people, Jesus, and faithful response.



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6. Prayer and Community

Paul ends with prayer. Christians stand together, pray for one another, and receive encouragement from the church. Isolation makes fear and deception louder.

Read the related passages in context, and ask what they reveal about God, people, Jesus, and faithful response.



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Want to Go Deeper? Avoid Formulas

The armor is not a ritual to recite in order to control spiritual forces. Christians differ on some questions about spiritual warfare, but Scripture clearly calls every believer to faith, truth, holiness, prayer, and dependence on Christ.

Read the related passages in context, and ask what they reveal about God, people, Jesus, and faithful response.



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8. A Guided Prayer

Lord, clothe me with Your truth and righteousness. Establish me in the Gospel, strengthen my faith, guard my mind with salvation, teach me Your Word, and keep me prayerful and alert. Amen.

Read the related passages in context, and ask what they reveal about God, people, Jesus, and faithful response.



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9. Practice

Read Ephesians 6:10-20 in context. Identify one lie to replace with Scripture and one person for whom to pray today.

Read the related passages in context, and ask what they reveal about God, people, Jesus, and faithful response.